



# NOVA Dental Anesthesia

## Pre-Anesthesia Instructions (Child)

Your child has been scheduled to receive dental treatment under deep sedation/General anesthesia. The medications that will be administered to child will allow him/her to undergo their needed dental care in safe and comfortable manner. The following instruction must be followed. FAILURE to follow these instructions could put your child at unnecessary risk and result in cancellation of the appointment.

### Eating and Drinking:

- **Morning Appointment**-NO solid food by mouth after midnight. CLEAR liquids (water, apple juice) maybe consumed up to 2 hours prior to the appointment. NO MILK or the other dairy drinks maybe consumed! Breast feeding should be stopped 6 hours prior to appointment.
- **Afternoon appointment**- a LIGHT MEAL may be eaten up to 6 hours prior to the appointment. NO MILK or the other dairy drinks maybe consumed! Breast feeding should be stopped 6 hours prior to appointment.

\*\* If your child has a feeding tube, please follow the same instruction. If you have question, please contact our office.

### Clothing:

- Please have your child in comfortable, loose fitting clothes.
- Please AVOID excessive jewelry as it can interfere with the procedure.
- Consider putting either a diaper or pull-up on your child prior the appointment; attempt to have your child use the restroom before the appointment as well.

### Medication:

- Take all regular medication as prescribed with small sip of water.
- If any medication requires being taken with food, please inform our office.
- If your child has ASTHMA or other breathing problem, please inform our office discuss our pre-treatment regimen as it applies to your child.
- If your child has DIABETES and is INSULIN dependent, please inform our office to discuss our pre-treatment regimen as it applies to your child.

### Sickness:

- Please contact our office as soon as possible to report any changes in general health- persistent fever, productive cough, illness, etc...

### Escort:

- You are requested to arrange for two adults to be with your child for discharge
- NO other children should be brought to the appointment.
- NO ONE is allowed to remain in the treatment area after your child has responded to the administration of the medication.
- At least ONE adult/parent must remain at the office during the procedure.

### Extras:

- Bring a pillow and blanket for the ride home.
- Do not change your child`s daily routine prior to the appointment-Please DO NOT have them stay up late the night before the appointment or have them eat too late.
- Please take arrangements to have appropriate supervision after the appointment.

**If you have any questions or concerns about these instructions, please contact our office.**

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